HIKING THE TRAILS

There are a variety of symbols you need to know while hiking on the Hawk Rock/Mead Farm Trails. These different symbols are shown below. Always follow the markers and stay on the trail.

CONTINUE STRAIGHT	START OF TRAIL	RIGHT TURN
SPUR LEADING TO A DIFFERENT TRAIL	END OF TRAIL	LEFT TURN

This is a moderate hike of about 1.7 miles in one direction. Since it's on DEP land, you'll need a DEP permit. (Go to www.nyc.gov/html/dep/ to get one.) The parking lot and Hawk Rock are at about the same elevation, but there's about a 200 foot rise between them and it's a bit steep from the top down to Hawk Rock.

HAWK ROCK

The rock itself is a quite spectacular monolith about 30' high. It's what geologists call an "erratic," a rock from somewhere else that was transported here by a glacier during the last ice age. When the climate got warmer and the glaciers retreated, Hawk Rock and its friends melted out and ended up where they are now.

MEAD FARM

This farm is on land that was originally part of the hunting grounds for the Nochpeem tribe of Native Americans, a part of the Wappinger Confederacy. In 1697, the land became a part of the Upper Highland Patent which in turn was a part of the huge Philipse Patent. The farm includes a large barn stone side wall, with an earthen ramp that led to the second-story hayloft, two stone chambers, and the foundation of the farmhouse.

Hawk Rock Trails



Kent Conservation Advisory Committee

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Trail Colors and Symbols

- Parking Lot
- Mead Farm
- Balancing Rock
- Hawk Rock

Distance from parking lot

Mead Farm: 0.4 miles

Balancing Rock: 1.5 miles

Hawk Rock: 1.7 miles

